



# TOURNAMENT MANUAL

✉ [panjuco@pafdf.sport](mailto:panjuco@pafdf.sport)

📞 505-7539-6906

## Tournament Social Media

📷 [panjuco.pafdf](https://www.instagram.com/panjuco.pafdf)

📘 [www.facebook.com/panjuco](https://www.facebook.com/panjuco)

July 2025

# SPONSORS



THANK YOU!



## To the PAYUC 2025 Participants

On behalf of the Pan American Flying Disc Federation and the Pan American Junior Committee, we extend a warm welcome to all athletes, coaches, staff, volunteers, fans, spectators, and parents. We are very happy to have you here in Costa Rica, a wonderful country and an excellent venue for the development of youth ultimate in the region. We at PAYUC and PANJUCO are very pleased to support this regional initiative.

*More than 300 youth athletes competing  
for the Pan American Youth Championship*

*More than 100 spectators*

*More than 50 collaborators*

*6 countries*

*3 partner organizations*

**ONE PAN AMERICAN CHAMPIONSHIP**

**YOU'RE MAKING HISTORY IN OUR REGION  
KEEP PLAYING!**



# PAFDF WELCOMES YOU!

Hello players, coaches, parents, and special guests! Speaking on behalf of PAFDF, I am very excited about this event and the impact it can have on our region.

We firmly believe that young people are the future, and if we can provide spaces for them to learn, develop, and make connections, we know that Ultimate will continue to grow in our national federations.

Many people have worked very hard over the years to make this event a reality. It is very encouraging to see more countries, teams, and divisions represented since the first version in 2023.



Thank you for trusting us to create this event for you.

We hope you enjoy it and hope this is just the first of many Pan American Junior Championships to come!

I look forward to meeting you in Costa Rica!

Sincerely,

A handwritten signature in black ink, reading "Chasen Brokaw". The signature is fluid and cursive.

Chasen Brokaw  
*PAFDF President*

# PANJUCO

Welcome to PAYUC 2025!

Dear athletes, coaches, families, and Ultimate fans:

It is an immense honor to welcome you to this edition of the Pan American Youth Ultimate Championship, PAYUC 2025. PANJUCO is dedicated to promoting and strengthening Youth Ultimate throughout the region. We firmly believe that the development of the junior categories is fundamental to ensuring the sustained growth and international projection of our sport. We have worked with passion and dedication to make this tournament memorable and a key platform for the future of the athletes and Ultimate in the region.



For me, beyond the competition, Ultimate Frisbee is a powerful tool for personal development, where athletes develop crucial life skills; teamwork, communication, and, crucially, the Spirit of the Game that teaches us to compete with integrity and respect...

To each athlete, I encourage you to play with all your energy and recognize the role you play in the future of Ultimate in your country and in the region. We know the effort and preparation you've put in to get here, and that's something I celebrate with each and every one of you. I want to sincerely thank everyone who made this event possible: the teams, their coaches, the families for their unconditional support, the volunteers working behind the scenes, and each member of the Organizing Committee for their hard and valuable work.

May PAYUC 2025 be an unprecedented space for athletic and personal growth, with many highlights that we will remember forever.

May the disc fly, the spirit of the game prevail, and may our enthusiasm fuel youth ultimate in the Americas!

Handwritten signature of Vanessa Rincones.

Vanessa Rincones  
*Events Director PANJUCO*

# ADJDV

On behalf of the Costa Rican Flying Disc Players Association, I extend our most sincere greetings and a warm welcome to all the delegations participating in the 2025 Pan American Junior Ultimate Frisbee Championship.

This major event represents a valuable opportunity to foster the sporting development of youth in the Americas, while also promoting the fundamental principles of Ultimate: mutual respect, teamwork, and the spirit of the game.

We are deeply honored to welcome to our country athletes, coaches, technical staff, volunteers, and companions who, with enthusiasm and commitment, contribute to strengthening this sport in the region.

Costa Rica is proud to host this international celebration of Junior Ultimate, and we trust that the coming days will be marked by learning, camaraderie, and the strengthening of bonds of friendship between nations.

We wish you a successful participation and an enriching stay in our territory.

May this tournament be a source of inspiration and growth for all, and may the friendship endure forever.

Welcome. Let the disc NOT STOP!!!



A handwritten signature in black ink, which appears to read 'Rodrigo Araya'. The signature is stylized with large, sweeping loops.

Rodrigo Araya  
*President ADJDV*



# TOURNAMENT CENTRAL



## MAIN ENTRANCE

Los Reyes Polo Club S.A.

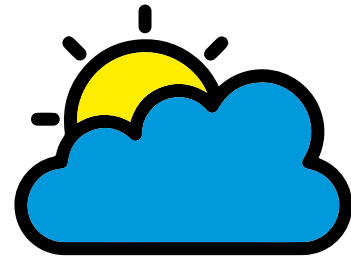
Los Reyes Polo Club presents a spacious, well-maintained space designed for sports and recreation, where the elegance of its facilities blends harmoniously with the natural beauty of the Costa Rican surroundings, offering an atmosphere of tranquility and sophistication.

The vast expanses of immaculately trimmed, vibrant green grass invite you to play right away.




This natural canvas is ready to be the stage for PAYUC 2025!

# WEATHER FORECAST



mié 16 | Día


29°



60%  
E 19 km/h

mié 16 | Noche

20°



24%  
ENE 12 km/h

Formación de tormentas por la tarde. Máxima de 29 C. Vientos del E de 15 a 25 km/h. 60% probab. de lluvia.

Humedad 67%

Índice UV 9 de 11

Amanecer 5:23 am

Puesta del sol 6:02 pm

Humedad 85%

Índice UV 0 de 11


Salida de Luna 10:38 pm

Puesta de Luna 10:22 am

Gibosa menguante

jue 17 | Día


28°



60%  
E 18 km/h

jue 17 | Noche

20°



24%  
ENE 12 km/h

Tormentas. Máxima de 28 C. Vientos del E de 15 a 25 km/h. 60% probab. de lluvia.

Humedad 70%

Índice UV 9 de 11

Amanecer 5:24 am

Puesta del sol 6:02 pm

Humedad 84%

Índice UV 0 de 11


Salida de Luna 11:23 pm

Puesta de Luna 11:15 am

Menguante

vie 18 | Día


28°



60%  
E 16 km/h

vie 18 | Noche

20°



49%  
ENE 10 km/h

Tormentas. Máxima de 28 C. Vientos del E de 10 a 15 km/h. 60% probab. de lluvia.

Humedad 72%

Índice UV Extremo

Amanecer 5:24 am

Puesta del sol 6:02 pm

Humedad 87%

Índice UV 0 de 11


Salida de Luna --

Puesta de Luna 12:11 pm

Cuarto menguante

sáb 19 | Día


27°



60%  
E 16 km/h

sáb 19 | Noche

20°



49%  
ENE 11 km/h

Tormentas. Máxima de 27 C. Vientos del E de 10 a 15 km/h. 60% probab. de lluvia.

Humedad 75%

Índice UV 9 de 11

Amanecer 5:24 am

Puesta del sol 6:02 pm

Humedad 88%

Índice UV 0 de 11


Salida de Luna 12:11 am

Puesta de Luna 1:10 pm

Cuarto menguante

dom 20 | Día


27°



60%  
E 17 km/h

dom 20 | Noche

20°



50%  
ENE 12 km/h

Tormentas. Máxima de 27 C. Vientos del E de 10 a 15 km/h. 60% probab. de lluvia.

Humedad 74%

Índice UV Extremo

Amanecer 5:24 am

Puesta del sol 6:01 pm

Humedad 87%

Índice UV 0 de 11

Salida de Luna 1:04 am

Puesta de Luna 2:12 pm

Cuarto menguante



# Our commitment to sustainability

## Sustainability is a way of life in Costa Rica

Sustainability is rooted in every aspect of life in Costa Rica. Costa Ricans are proud of the incredibly rich biodiversity found on their land and it is essential that we protect these important resources.

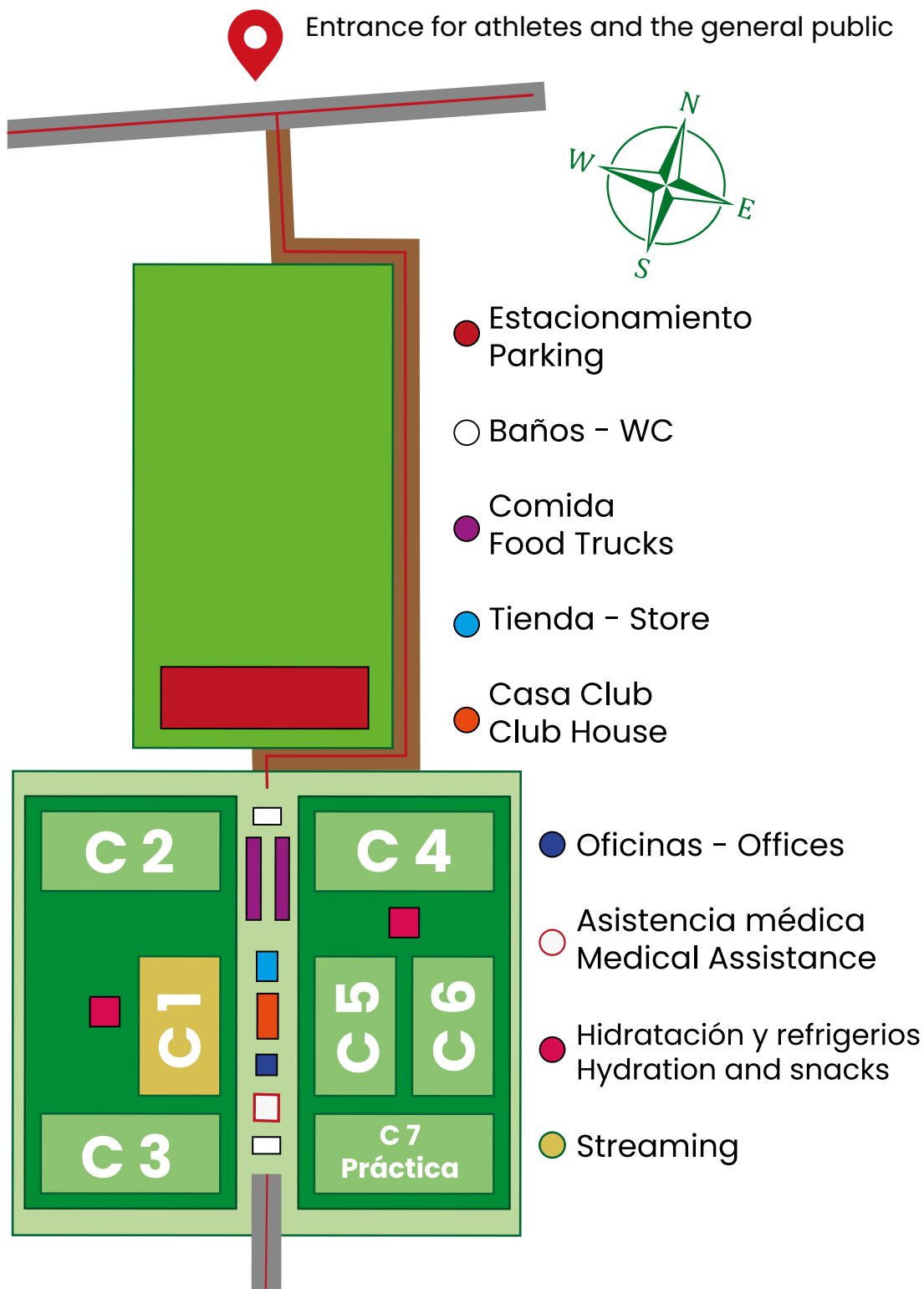


### **SAVE WATER**

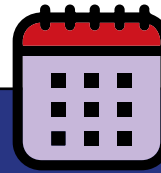
Eat only what you'll actually eat

**PUT TRASH IN ITS PLACE**

# EVENT MAP



**IMPORTANT NOTE:** The event map has changed slightly, and if you can't find what you're looking for, everything will be marked and volunteers can assist you.



## TOURNAMENT SCHEDULE

DAY	TIME	ACTIVITY	PLACE
WEDNESDAY	5:00 pm to 7:00 pm	Captains' Meeting and Team Registration	<a href="#">Hilton Santa Ana</a>
THURSDAY	8:00 am to 9:00 am	Event Inaguration	<a href="#">Los Reyes Polo Club S.A.</a>
	9:00 am to 3:00 pm	GA Workshop	<a href="#">Holiday Inn San Jose</a>
	10:00 am to 5:00 pm	Round Robin	<a href="#">Los Reyes Polo Club S.A.</a>
FRIDAY	9:00 am to 4:00 pm	PRound Robin	<a href="#">Los Reyes Polo Club S.A.</a>
SATURDAY	9:00 am to 4:00 pm	U20 Quarterfinals U17 Semifinals and Finals	
	4:00 pm to 8:00 pm	Tournament Hangout	
SUNDAY	9:00 am to 4:00 pm	U20 Semifinals and Finals	
	9:00 am to 10:40 am 11:40 am to 1:20 pm	Exhibition Games Exhibition Games	

# GAME PROGRAM

## GAME ROLES AND SCHEDULE

All matches to be held at Field 1 will be broadcast live by PAFDF on its channel [YouTube](#).

<b>EXHIBITIONS</b>		
SUNDAY	TEAM	TEAM
<b>Round 1: 9:00 am to 10:40 am</b>		
Field 4 (Exhibition 1)	#1 U17	#5 U20
Field 5 (Exhibition 2)	#2 U17	#6 U20
Field 6 (Exhibition 3)	#3 U17	#7 U20
Field 3 (Exhibition 4)	#4 U17	#8 U20
Field 7 (Exhibition 5)	#5 U17	#9 U20
<b>Round 2: 11:40 am to 1:20 pm</b>		
Field 4 (Exhibition 6)	#1 U17	#6 U20
Field 5 (Exhibition 7)	#2 U17	#5 U20
Field 6 (Exhibition 8)	#3 U17	#8 U20
Field 3 (Exhibition 9)	#4 U17	#7 U20
Field (Exhibition 10)	#5 U17	#8 U20

### Competition Rules: WFDF 2025-2028

### Competition Rules: WFDF 2025-2028 (Appendix v1.0)

There will be experienced Game Advisors present during the finals, possibly in the semifinals, and GAs in training in some games during the event.

# INITIAL RANKINGS

## U17

- 1  Canada East 
- 2  Canada West 
- 3  Remix 
- 4  Titi's 
- 5  Costa Rica U17 

NOTE: Criteria based on the WFDF World Rankings

## U20

- 1  Canada West 
- 2  Canada East 
- 3  Remix 
- 4  Raza 
- 5  Revolution 
- 6  Turix 
- 7  Fusion 
- 8  Costa Rica U20 
- 9  Guardabarrancos 

## GROUPS U20

GROUP A	GROUP B	GROUP C
Canada West	Canada East	Remix
Turix	Revolution	Raza
Fusion	Costa Rica U20	Guardabarrancos



# TOURNAMENT HANGOUT

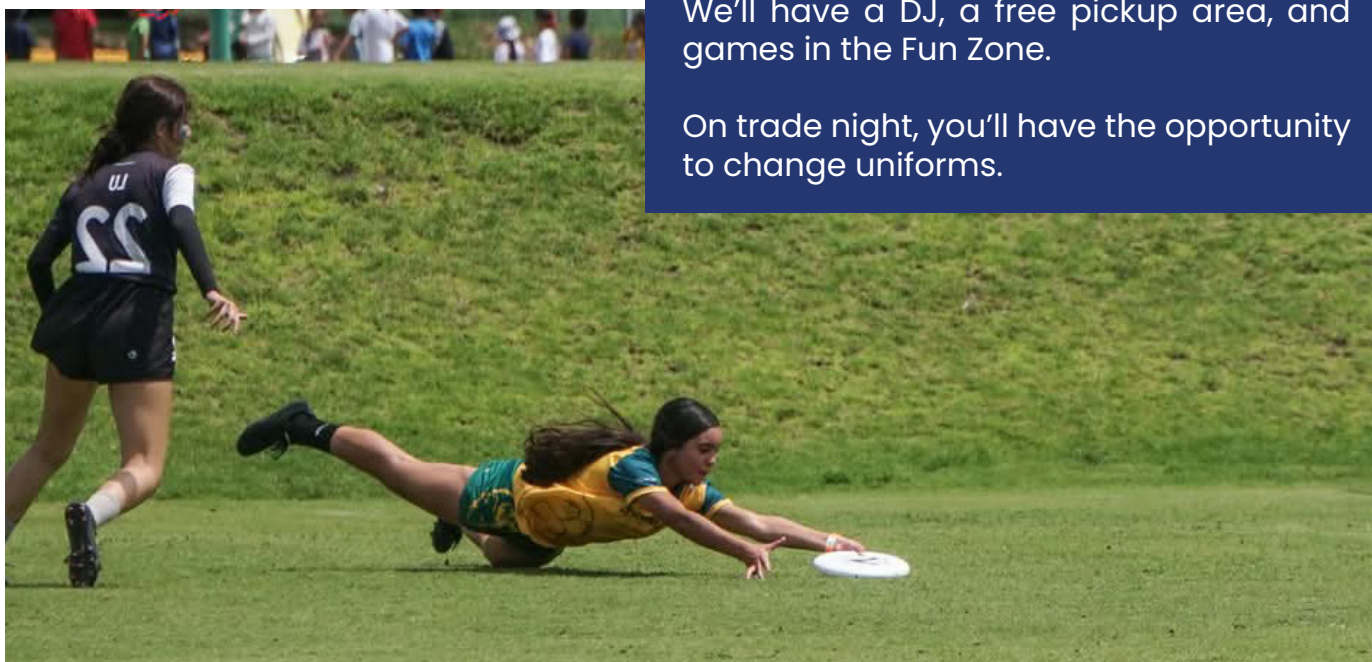


SCHEDULE: 4:00 pm to 8:00 pm

Dinner included for all registered players and non-players (bring your official badge).

We'll have a DJ, a free pickup area, and games in the Fun Zone.

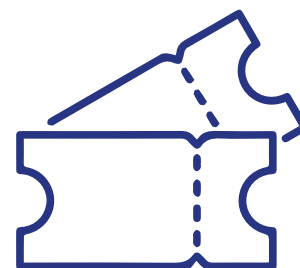
On trade night, you'll have the opportunity to change uniforms.



## SPECTATORS

Tickets can be purchased at the tournament venue (we have a payment terminal and a point of sale). Arrive early to get yours!

Those under 18 are free. We're here to support Costa Rica's youth community!



4-day package (includes surprise gift)	40 USD
Entrance fee per day	10 USD

# FOOD OPTIONS



Food Truck Options Within the Event Venue!



NY Burger  
+506 8350 6544



Tíos Coffee  
+506 8868 7452



Sabores de Tiquicia  
+506 8894 0109



# CODES AND POLICIES

The Pan American Flying Disc Federation (PAFDF), recognized by the World Flying Disc Federation (WFDF), leads the development and governance of Flying Disc in the Americas, encompassing disciplines such as Ultimate, Disc Golf, and Freestyle, with the mission of fostering the inclusive growth of the sport and the Spirit of the Game in the region.

PAFDF maintains a ZERO TOLERANCE policy toward all forms of discrimination, harassment, abuse, or offensive language, recognizing the inequalities in the Americas and actively working to protect all participants, especially girls, boys, adolescents, women, Indigenous people, LGBTIQ+ individuals, and people with disabilities.

In line with this stance, an ANONYMOUS MAILBOX has been set up as a means to report situations that violate the integrity, safety, and well-being of individuals, whether experienced directly, witnessed, or observed. We invite those who report on behalf of others to ensure they have their consent.

We value and recognize the courage to speak out against violence, injustice, or abuse.

The information shared will be reviewed by the PAFDF's assigned Integrity Officers for the event and may be shared with the Organizing Committee (OC) and the relevant department of the PAFDF Safeguarding Committee, ensuring that everything communicated is protected and remains the exclusive knowledge of these officers.

**In case of immediate danger, contact the appropriate authorities by calling 911.**

**To report incidents, fill out the inbox or write to:**

**Officer Nicole Bulos at +1-829-962-9023 / [nicole.bulos@wfdf.sport](mailto:nicole.bulos@wfdf.sport)**

**Officer Dillon Richardson at +49 15510 110315 / [dillon.richardson@wfdf.sport](mailto:dillon.richardson@wfdf.sport)**



**INCIDENT BOX**

# Review the checklist! Avoid printing anything unnecessary!



## **Matrix of Documents to Sign**

Athletes and NPTs for letters of responsibility; PRINT AND SIGN ONLY the final page (3/3) of the document:

## **PARTICIPANTS' RESPONSIBILITY**

Minor athletes and their mother, father, or guardian must sign. Review your release form; all information must be filled out correctly. This will ensure your participation in the event is approved.

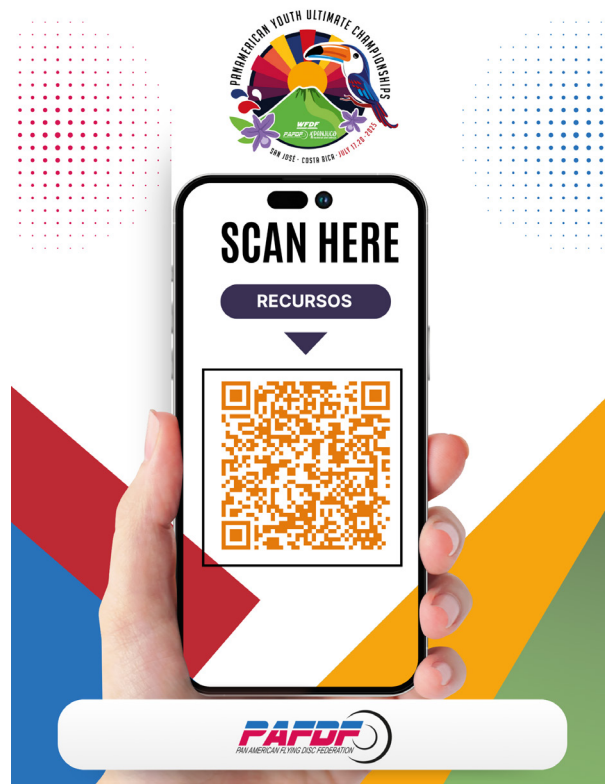
## **Good to meet you!**

## **WFDF COMPETITION RULES 2025 – 2028**

## **SAFEGUARDING POLICY AND SAFE SPORT**

## **TRAVEL AND ACCOMMODATION PROTOCOL**

## **CODE OF CONDUCT**



**RESOURCES**



# IMPORTANT ROLES



**Tournament Director:**  
*Vanessa Rincones*



**Competition and Logistics Director:**  
*Chasen Brokaw*



**Services Director:**  
*Rodrigo Araya*



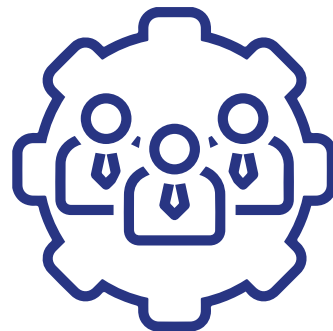
**Volunteer Director:**  
*Juan Roberto Leyva*



**Spirit Director:**  
*Edwin Acuña*



**Game Advisor Director:**  
*Shiellah Quintos*







@Panjuco.pafdf

Without you, we couldn't have such a magnificent event.  
Thank you all for your time and dedication.  
Enjoy your stay at the #payuc2025 Tournament!